

# Miles and Smiles Challenge **TERMS & CONDITIONS**, of which instructions are part of:

1. The challenge is managed by Disability Sport NI and supported by Progressive Building Society through the Disability Sports Hub Project.

2. The aim of the challenge is to reach 250 miles in total as a collective group of everyone who is participating. This is the approximate distance of travel between all Progressive Building Society branches in Northern Ireland. Participants can contribute as many or as little miles as they wish – every contribution helps!

3. By submitting photos, you agree to be contacted by Disability Sport NI and Progressive Building Society in relation to the challenge.

4. The challenge starts on 3<sup>rd</sup> October 2020 and finishes 3<sup>rd</sup> November 2020 at midnight. To enter the challenge please register your interest by emailing [aherron@dsni.co.uk](mailto:aherron@dsni.co.uk) and you will receive a challenge mileage sheet for recording your journeys. You can enter at any stage throughout the challenge up until the closing date but the earlier you enter the more time you have to build up your miles and a selection of photos.

5. The challenge is open to anyone in Northern Ireland, however anyone under 18 years old must have parental consent to take part and to share photos for the challenge purposes.

6. The challenge is a fun way to stay active and is therefore open to everyone but please note that staff members of Disability Sport NI and Progressive Building Society will not be eligible to win a prize.

7. This is an independent challenge and therefore it is the responsibility of those participating to ensure that they are medically fit to participate and only participate at a level that is comfortable to them. If in doubt please consult with your doctor.

8. There will be three prizes.

Prize One – Most miles contributed to overall 250 miles target - £100 All for One voucher

Prize Two – Most walks contributed to overall 250 miles target - £100 All for One voucher

Prize Three – Best photo taken during challenge- £100 voucher All for One voucher

9. Entry is by sending all photos and proof of miles to [aherron@dsni.co.uk](mailto:aherron@dsni.co.uk) by the closing date. Mileage must be demonstrated through sending a picture or screen shot of mileage recorded on a device or app. Ideas on which apps may be helpful will be listed on the challenge mileage sheet.

10. The winners will be chosen based on the evidence provided and counted/judged by a panel consisting of Disability Sport NI and Progressive Building Society representatives.

11. Each person can only enter once. If doing the challenge as a family please enter each family member as an individual. The same mileage evidence can be used for each family member if the miles were travelled together, however if entering for the photo competition each person must submit their own photos for consideration.

12. Each winner will be announced on Disability Sport NI and Progressive Building Society social media channels afterwards.

13. Any photos submitted to the challenge will be used on social media in association with the challenge. Therefore, please do not submit any photos that you do not give Disability Sport NI and Progressive Building Society permission to use.

14. Prizes are not transferable and no cash alternatives in whole or in part are available.

15. This challenge is in no way sponsored, endorsed, administered by, or associated with Facebook, Twitter or Instagram. By entering this challenge, you understand that you are providing your information to the parties involved and not to Facebook, Twitter or Instagram. Your information will not be used for any other purpose than to be contacted if you have been chosen as a winner.

16. Disability Sport NI and Progressive Building Society reserve the right to vary, alter or terminate this challenge due to unforeseen circumstances. The decision of these parties is final and binding and no correspondence shall be entered into.