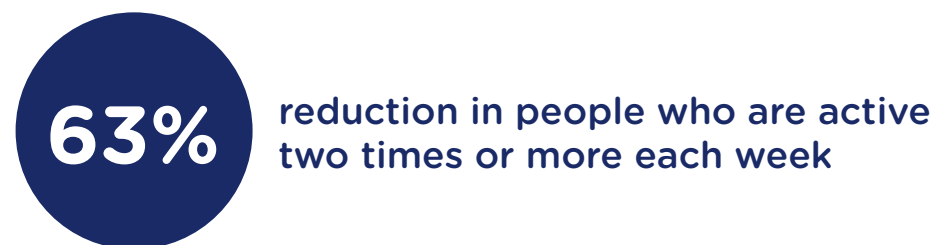
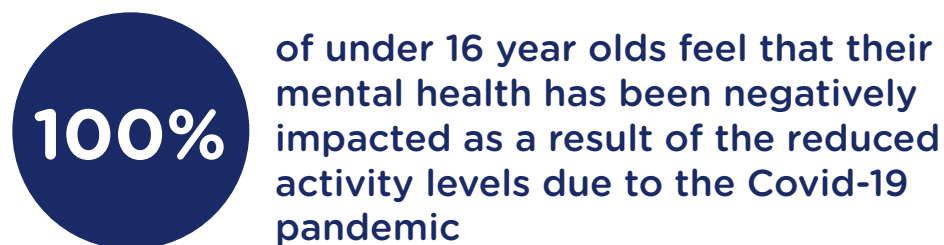


# The impact of Covid-19 on people with a learning disability's mental health and participation in sport and active recreation.

**INSIGHT PIECE**  
**April 2020 - March 2021**



The top three barriers to participation in sport and active recreation during the Covid-19 pandemic are:

- 1 Sports opportunities are not running**
- 2 Sports facilities are not open**
- 3 Anxious about participating**